

Sound as a Bodywork

Sacred SoundWorks Practitioner Training

June 14th – 21st, 2019

NatureBridge Campus, Olympic National Park, WA

Vickie Dodd is offering a practitioner training for previous students of her Sacred SoundWorks trainings. During this week long residential training you will learn the fundamentals of three dimensional touch, three dimensional sound, and listening to the inner terrain of other peoples bodies. This training will be a deep immersion with much opportunity to experience a variety of bodies and layers of interest.

Vickie pioneered Sound as a Bodywork with her clients in the early 1970s. She observed that matching the frequency or rhythm of the tissue she was massaging changed the shape of that tissue. She is excited to share and pass on her experience of what she has gleaned in these decades. The most important step for working with others is that we must continue our own self-work. What a gift, and what an opportunity! If we choose to become a healer this primarily means we have made an agreement to heal ourselves and in return to facilitate others healing.

During our time together we will learn:

- How we approach a body
- Aston Kinetic Concepts
- Deep Listening
- Learning to match that which we perceive
- Gaining confidence in what we perceive
- Daily meditations to reflect our inner landscape
- Deepening our spiritual connection
- Understanding how sound changes the shape and alignment of a body
- Knowing how and why sound has the capacity to move the tissue
- Become willing to trust the intelligence of this system
- Become willing to surrender our authority to the soul

This training will provide you the tools and confidence to use Sound as a Bodywork in your practice. There will be guest teachers that use sound in their specific therapies. We will be on Lake Crescent in the deep old growth forest in Olympic National Park. Those of you that have experienced this place know and remember its magic to quiet us and mend and attend to our nervous systems. There will be many opportunities to receive the healing that being in the old growth forest provides, and the teachings that restore us to our own nature.

\$1,895.00, Includes all meals and lodging on NatureBridge Campus.

10% early bird discount for registration and full payment by March 31st, 2019